



Learning Disability and Dementia Training for Trainers one day course,

Friday 3rd March 2017

[Dementia Services Development Centre](#), [Iris Murdoch Building](#),

University of Stirling, Stirling, FK9 4LA

- 9.30 Tea and coffee on arrival
- 10.00 Welcome and introductions
- 10.10 Down's syndrome specifics and introduction to dementia in
 marginalised groups
- 11.30 Break
- 11.45 Learning disability and dementia – building your awareness
- 12.45 Lunch
- 1.30 Learning disability and dementia – research updates
- 2.15 Planning for local delivery:
- The role of the trainer/mentor
 - Learning styles
 - Handling difficult situations
- 2.50 Developing your own material* (including tea/coffee):
- Discuss CD Rom with sample resources
 - Discuss [Supporting Derek](#) and [Jenny's Diary](#) resources
 - Local training programme development
- 3.50 Evaluation and reflection, next steps, follow up opportunity,
- 4.00 Optional tour of [Iris Murdoch Building](#) (requires sign-up on the morning)

* CD Rom with resources, Supporting Derek and Jenny's Diary are all included in the course fee.

**Course aim:**

- To increase the knowledge, ability and confidence of staff who will deliver training about learning disability and dementia, especially if training is not their primary role.

Learning outcomes:**Those attending the course will:**

- Recognise early signs of dementia and understand typical progression in people with a learning disability, with specific focus on Down's syndrome.
- Understand current evidence base about how dementia can affect people with a learning disability and their families.
- Be supported, equipped and prepared to deliver training / information sessions on learning disability and dementia or act as mentor in their own organisation.
- Demonstrate a willingness to change practice locally, in addition to sharing knowledge.
- Identify their strengths and development areas as a trainer/mentor.