



## Newsletter



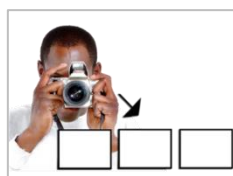
**Camden People First a voice for adults with learning disabilities** we are a user led and user run advocacy organisation for adults with learning disabilities



## October 2018



Welcome back to our Newsletter



Our Newsletters are filled with **stories**



**upcoming events**



with lots more, so make sure  
**you stay in the know**



# What we have done in August 2018



## Tuesday 14 August

### Storm Project

### Standing Up for Myself



This was the last session for our part in the **Storm Project Standing Up For Myself**

This last session checked how far the team felt that they had come since starting the Storm Project. They felt



- That it helped them build confidence and self esteem



- That it was good to learn that other adults with learning disabilities are facing the same disability hate crimes as them so they can encourage each other to report it



- That it helped them live more independent lives by learning how to speak up for themselves and each other and not letting anyone stop them



- Showing support when sharing stories of **Disability hate and mate crime** encourages victims to stand up for themselves





September 2018



Wednesday 12 September



Camden People First share their views on Easy Read+



We are excited to share that our EasyRead+ video is now up on our YouTube page



We feel that everyone has a right to be able to get information in a way that they are able to understand

Take a look and see why it is important to us and so many others



Camden People First Talk About Easy Read

Click the link below to view

[https://youtu.be/e\\_DIDAB1tdU](https://youtu.be/e_DIDAB1tdU)



## New Shoots Day Centre for adults with learning disabilities



On our monthly visit to New Shoots we took our **Disability hate and mate crime project**




We showed pictures of **Disability hate and mate crime** and asked them to tell us which was a hate crime and which was a mate crime



We told them how to stay safe when they are at home or out on the street and where they should go to for help



This was a really good session as everyone joined in and was able to share their thoughts





Tuesday 25 September



Thank you Waitrose



Camden People First would like to say a very big thank you to Waitrose in Kings Cross for their donation



All donations go to funding our projects that support adults with learning disabilities.



Saturday 29 September



Funky Moves Disco



This time with live music from the Little Venice band who were amazing





A very good time was had by all who came out, they enjoyed the food and the dancing competitions

Lots of prizes were won!



October 2018



Stand Out Project

Disability hate and mate crime project



13 October to 20 October



National Hate Crime Awareness Week



Being involved in **National Hate Crime Awareness Week** was important to us because we believe it is important to bring awareness to **Disability hate and mate crime**



As we are trying to reduce **Disability hate and mate crime** in Camden





Monday 15 October



## British Transport Police Visit Camden People First



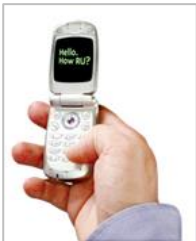
It was great to have PCSO Louise and Tania from the **British Transport Police** join us for our Monday morning **Disability hate and mate crime** session



It was a really good session because we learnt how to stay safe on the street and on public transport



One really important lesson was how to let the police know when you see something you do not like by texting **61016 from a safe place**



This **text number 61016** is a way for you to let the police know something is wrong or worrying you

If you do not want to call them always text this number **from a safe place**



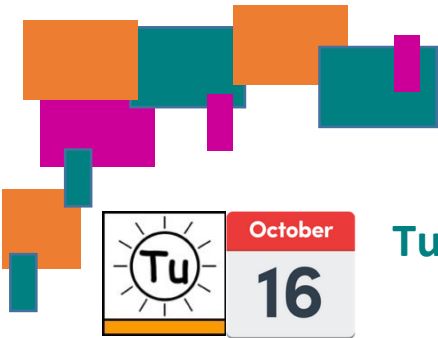
You can also call **101** if you want to speak to your local police officer



In an emergency call **999**







## Tuesday 16 October



### Online Abuse and The Experience of Disabled People



It was a very good experience to talk about online abuse and how it effects the way people live their lives



The aim of the talk was to know more about disabled people's experience of hate crime online



This talk took place at Parliament, where we were able to share what we think with MP's and other disabled people



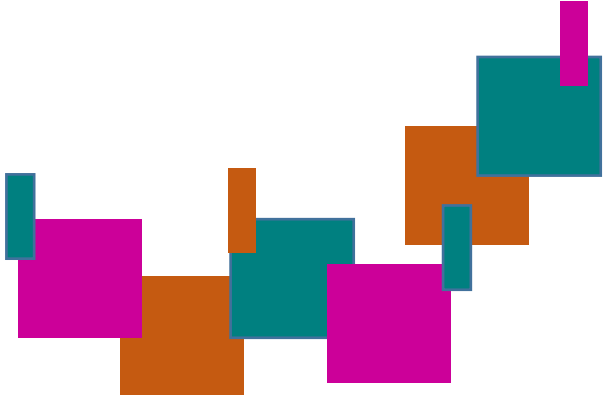
We are happy that the government is taking online abuse seriously by changing the law to protect disabled people



## Wednesday 16 October



### Camden People First Disability hate and mate crime videos







We all feel that it is important to raise awareness of **Disability hate and mate crime**



As a team we agreed a good way to raise awareness of disability hate crime is to make video's that allows them to share their own thoughts and feelings on disability hate crime



We enjoyed making the videos to be a part of **National Hate Crime Awareness Week** to let people know they do not have to suffer in silence



Click the link to see

<https://twitter.com/InfosCPF/status/1051837201934413824>



**Tuesday 23 October**



**Transport for London  
Central London Bus Services Review Easy Read**



We worked on Easy Read information for TfL about the changes to bus routes in Central London.



Look out for the Easy Read survey on the TfL website





## Up Coming Events



October 2018



Wednesday 31 October



### Funky Moves Disco Halloween Party

Funky moves disco is excited to host our very own Halloween Party Halloween night!



Make sure you come out in the spookiest costume for a fantastic fright-night

Prizes to be won for best costume!



6PM TO 10PM



Escape Sports Bar  
2 Lidlington Place  
Regent's Park  
London  
NW1 2JU





## November 2018

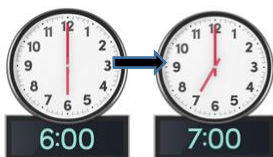


### Friday 2 November



Meet your local councillor

If you would like to speak to your local councillor come to Camden People First office the **first Friday of each month**



6PM – 7PM



### Camden People First

215 Eversholt Street  
Amphill Square  
London  
NW1 1DE

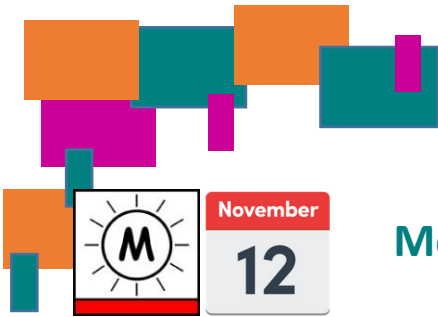


### November 12 to November 16



### Anti-Bullying Week

The idea for this Anti-Bullying Week is to choose respect over bullying



## Monday 12 November



Anti-Bullying Week is starting off with **Odd Socks Day** in schools but as we know bullying does not just happen in the classroom

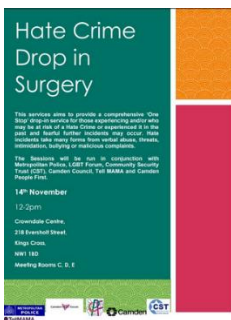
We will be joining in to support Anti-bullying Week on Monday for **Odd Socks Day** in support and hope that you will too



## Wednesday 14 November



## Hate Crime Drop in Surgery



This **Hate Crime Drop In surgery** has been set up to help people who have been the victim of a Hate Crime to support them to report it or to get help

There will be lots of information on Hate Crime, it is open to everyone.

Come along if you have any questions and would like to find out more

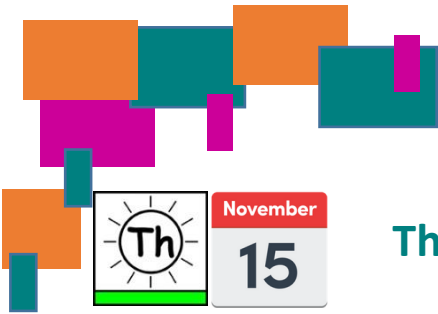


**12PM – 2PM**



Crowndale Centre  
218 Eversholt Street  
Kings Cross  
NW1 1BD





## Thursday 15 November



Anti-Bullying Week will hold its first ever **Stop Speak Support Day** focusing on the issue of online bullying

Join in and help someone who may be a victim of online bullying



## Thursday 6 December



You are invited to join us at our AGM

It is a chance for our members and all supporters to hear about our work and give their views and feedback



We will also be having a presentation from the British Transport Police and Transport for London

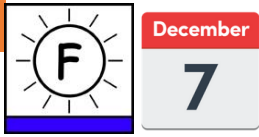


3.45PM – 8.30PM



Escape Sports Bar  
2 Lidington Place  
Regent's Park  
London  
NW1 2JU





Friday 7 December



Meet your local councillor  
If you would like to speak to your local councillor  
come to Camden People First office  
the **first Friday of each month**



**6PM – 7PM**



**Camden People First**  
215 Eversholt street  
(Amphil Square)  
London  
NW1 1DE



## Information

If you would like to find out more about our **Disability hate and mate crime** project



Send an email to  
[yolande@camdenpeoplefirst.co.uk](mailto:yolande@camdenpeoplefirst.co.uk)



Or  
Telephone **020 73 88 20 07**





Or, come by the office on a **Monday**



**Drop in from 2pm – 4pm**



**Camden People First**  
215 Eversholt street  
(Amphill Square)  
London  
NW1 1DE



## FEEDBACK

If you would like to tell your story or if you have something interesting you would like to share in our next newsletter, contact us



Email

**[yolande@camdenpeoplefirst.co.uk](mailto:yolande@camdenpeoplefirst.co.uk)**



Telephone

**020 73 88 20 07**



Or, why not come in and visit us

**Camden People First**  
215 Eversholt street  
(Amphill Square)  
London  
NW1 1DE







## Volunteers Wanted



We welcome new volunteers to join our organisation, if you have time to spare we would like for you to get involved



We are looking for volunteers who are able to answer telephones and do light office work



Any questions about our volunteer work get in touch with us by



Email [info@camdenpeoplefirst.co.uk](mailto:info@camdenpeoplefirst.co.uk)



Telephone **020 73 88 20 07**



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[www.camdenpeoplefirst.org.uk](http://www.camdenpeoplefirst.org.uk)