



Camden People First

September 2023 Newsletter



Welcome

Welcome to our Camden People First September 2023 newsletter.



Camden People First went on a trip to Margate beach and everyone had a good time.



Members took a coach to the beach and had some ice cream, played some games, and went in the water for a swim.



The weather was lovely. It was sunny and there was no rain. Everyone had lots of water to stay cool.



Some people went on the rides and had lots of fun.



Any other news

Summer is over and children have gone back to school. However, not all schools are going to be open yet.



There are 156 schools in England which may have to stay closed because there are problems with the concrete used to build the school ceiling.



The concrete is dangerous because it could fall down from the ceiling and drop on someone's head.



Many schools will teach students online if they can not go to school.



Weather

The weather was very hot at the start of September at around 30 degrees.



It is important to stay hydrated and drink lots of cold water when the weather gets too warm. Ice cream and ice lollies will also help to cool you down.



If you are at home, try to open the windows to let some fresh air in.



If you are going out, do not forget to put sun cream on and wear your sun glasses and sun hats.



It is also very important to try to stay in the shade when you can so you do not get sun burnt.



We had a week of hot sun; however, the weather is cooling down and it is going to rain a lot now.



Holidays

Some of our members are going on holiday and they are very excited. If you are going on holiday, make sure you double check your flight information to make sure everything is correct.



More news

It has been a year since the Queen died on 8th September 2022. Our thoughts are with the Royal family in this hard time.



Strikes

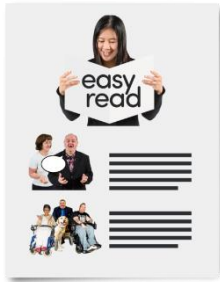
There is going to be train strikes for two days on Saturday 30th September and Wednesday 4th October because train drivers want more pay.



16 train lines, including South Western Railway, Avanti West Coast and c2c will be affected by the strikes.



Make sure you check your journey before travelling on these days so you can find another way to travel if possible.



Easy Read

We are still making Easy Read documents so please get in touch if you would like anything put into Easy Read.



Thank You

We hope you enjoyed reading our September 2023 newsletter.



Contact us

Please contact us if you need any help, advice or information.

If you need help, we provide independent advocacy service and welfare benefit advice.



Our drop-in **advocacy service** is on

Tuesdays from **10am - 1pm** in the Camden office.



Our telephone **advocacy service** is on
Tuesdays from **3pm – 4:30pm**

07576 842 278



Our drop-in **advice service** is on

Wednesdays from **2pm - 4pm** in the Camden
office.



Our telephone **advice service** is on
Wednesdays from **10am - 12pm**

07576 842 278

Camden People First

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You can call Camden People First office on
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Social media

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Website - www.camdenpeoplefirst.org.uk