

### Camden People First

March 2024 Newsletter

March

2024

#### Welcome

Happy New Year and welcome to our Camden People First March 2024 newsletter.



We apologise for not posting newsletters for January and February 2024 as we have been busy with member and trustee meetings.



We hope everyone has had a good start to the year so far.



It has been 40 years since Camden People First opened.



We are very proud of how far we have come and all the different things we have been able to do and take part in.



We also thank everyone who has helped and supported us through the years.



# What is going on around us? Royal family

We have heard on the news that the King is not feeling too well and is currently having treatment.



We have also seen on the news that Kate is recovering from surgery that she had on her stomach in January.



We hope they get better soon.



#### TFL

TFL are planning to make it easier to travel to South East London by making the Bakerloo line longer and opening 4 new stations.

The new stations will be Burgess Park, Old Kent Road, New Cross Gate and Lewisham.



More plans are also being made for trains to travel further than Lewisham, to Hayes and Beckenham Junction.



#### Easter

On Sunday 31<sup>st</sup> March, it is Easter Sunday and the end of Lent.

Christians will go to Church to celebrate Jesus rising from the dead. They will also get palms to put around the house.



Children like Easter as everyone gives each other chocolate Easter eggs. Some people hide eggs and have an Easter egg hunt.





Monday 1<sup>st</sup> April is Easter Monday so will be a Bank Holiday and everyone will be off work.

There are lots of things to do during the holiday, such as go to the fun fair.



There is a fun fair in Finsbury Park from Friday 29<sup>th</sup> March to Sunday 14<sup>th</sup> April.

There is also a fun fair in Hampstead Heath from Thursday 28<sup>th</sup> March to Sunday 7<sup>th</sup> April.



This is a good time to go out and enjoy with friends and family.



#### What will happen to the clocks?

The clocks go forward on Sunday 31st March.



#### Ramadan

Muslims are fasting for the Holy Month of Ramadan. This year, Ramadan started on Monday 11<sup>th</sup> March and will end on Tuesday 9<sup>th</sup> April. This means Eid will be Wednesday 10<sup>th</sup> April.



During Ramadan, Muslims fast from when the sun comes up in morning until there is no sun in the evening. During the fast, Muslims pray to remove all sin and ask for forgiveness.



When Ramadan is over, Muslims celebrate Eid by giving each other gifts and food.



#### Any other news

Please see the changes made to the telephone service and drop in advocacy service times below.



#### Easy Read

We are still making Easy Read documents so please get in touch if you would like anything put into Easy Read.



#### Thank You

We hope you enjoyed reading our March 2024 newsletter.



#### Contact us

Please contact us if you need any help, advice or information.



If you need help, we provide independent advocacy service and welfare benefit advice.

Our telephone advocacy service is on Tuesdays from 10am – 1pm
07576 842 278



Our drop-in **advocacy service** is on **Tuesdays** from **3pm – 4:30pm** in the Camden office.



Our telephone advice service is on Wednesdays from 10am - 12pm
Our office number is 0207 388 2007



Our drop-in **advice service** is on **Wednesdays** from **2pm - 4pm** in the Camden office.



## 215 Eversholt St, Ampthill Square, London NW1 1DE



You can email us on info@camdenpeoplefirst.co.uk



You can call Camden People First office on **0207 388 2007** 

#### Social media



Facebook - camdenpeoplefirst



**Twitter - InfosCPF** 



Instagram - Camden.People.First Website - www.camdenpeoplefirst.org.uk