

Have you worked in a residential care setting with adults with a learning disability?

Has someone you supported experienced a difficult life event?

Do you want to share your experiences in a research study?

My name is Katie Sydney. I used to work as a support worker with adults with a learning disability and I am currently a Trainee Clinical Psychologist at the University of Essex. As part of my doctoral thesis, I am looking to talk to:

- Adults (over the age of 18)
- Who have been employed as a care/support worker in a residential setting for people with a learning disability for at least 6 months in the past 3 years
- Who have in this role supported someone who has disclosed or been identified as experiencing a difficult life event
- Who do **not** hold registration as a health care professional

About their experiences of working with people with a learning disability who have been impacted by a difficult or traumatising life event.

If you are interested in taking part or finding out more about the research, please contact the researcher by email on ks21965@essex.ac.uk or telephone on 07546802942 to discuss.

This research is being supervised by Dr John Day and Dr Danny Taggart.

What will happen if I take part in the research?

- Participation in the study is voluntary. If you agree to take part, you will be interviewed by the researcher about your experiences. This will last around an hour
- This interview will be audio recorded. All data collected will be stored securely and will be anonymised before being used in any publication

What are the risks and benefits of taking part?

Due to the focus of the study, it is possible that participants may find participating distressing. There may not be any direct benefits in taking part but it is hoped that the findings could help to improve services for people with a learning disability, and support for the staff who work in them.

This study has received approval from the University of Essex Ethics Committee. The reference number is ETH2324-0018.



University of Essex