



Camden People First

January 2023 Newsletter



Welcome

Welcome to Camden People First January 2023 Newsletter.



We are in a New Year and we hope everyone enjoyed themselves on New Years' Day and the first month has been well.



We hope this year will be better than last year for everyone and their loved ones.



We are still making Easy Read documents, so please contact us if you would like to have your documents put into Easy Read.



We have also updated our website so check it out on www.camdenpeoplefirst.org.uk



On the website you can hear more about our services, make a referral, or get involved.



Any other news?

There was a shooting in Euston on 14th January after a funeral service. Many people were injured, including a 7-year-old girl.



This is terrible news and we hope everyone that was injured is getting better.



There was also a hit and run in Finsbury Park on 16th January where someone who was crossing the road was seriously injured in a crash with two cars, but none of the cars decided to stop.



We hope he gets better and we hope this does not happen again.

Cost of living and the weather



There has been a rise in the cost of living. This means the price of food in shops, rent and energy bills have all gone up.

We hope everyone is coping with this and getting the help they need.



It is also very cold outside so everyone should wrap up warm and wear their coats and hats.



Many flights have been cancelled due to the freezing fog weather so if you are planning to go on holiday, please make sure to double check with your airline.



There are also many strikes going on in different services including TfL, so try to check your journey before you travel.



From Thursday 2nd February, the price of passports is going to increase so if you do not have a British passport now, you will have to pay more.

More information

If you live in Islington and have learning disabilities, Centre 404 on Camden Road have drop-in services to help you with support needs and signposting.



Their service is available:

Mondays and Fridays: 9am – 5pm

Wednesdays: 2pm – 5pm



Contact them:

Number; 020 7607 876

Email; dropin@Centre404.org.uk



Address; 404 Camden Road, London N7 0SJ

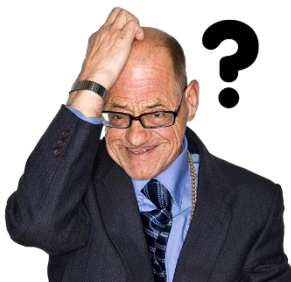
Check out their drop-in leaflet attached.



Camden and Islington NHS want your help to find out about people with learning disabilities who lose their memory.



They want to find out if group Cognitive Stimulation Therapy (CST), helps people with learning disabilities who have memory problems.



Having memory problems means sometimes not remembering where you put things or the names of people and you can't do some things you used to.



If you take part, you will play games and puzzles to help them find out if the games will help slow down memory loss.



They are looking for 50 people to take part but it is up to you if you want to take part or not.



If you are interested in this, contact Didiana on;

Number; 07812 471 299

Email; Didiana.DosSantosDiaz@candi.nhs.uk



Thank You

We hope you enjoyed reading our January 2023 newsletter.



Contact us

Please contact us if you need any help, advice or information.



If you need help, our advice and advocacy drop-in is on

Wednesdays from **2pm - 4pm** in the Camden office.



**215 Eversholt St, Amptill
Square, London NW1 1DE**



Telephone advice is also available from
10am - 12pm on Wednesdays

07576842278



You can email us on
info@camdenpeoplefirst.co.uk



You can call us on
0207 388 2007

Social media



Facebook - [camdenpeoplefirst](#)



Twitter - [InfosCPF](#)



Instagram - [Camden.People.First](#)



Website - www.camdenpeoplefirst.org.uk

Drop-In Service

We can help you with

Letters



Tenancy Support



Looking for jobs



Filling forms



Have a chat



Benefits



CENTRE404

Supporting people with learning disabilities, autism & their families

Where:



Centre 404, 404 Camden Road, N7 0SJ



Mobile: 07923 319 848

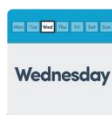
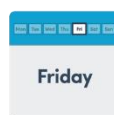
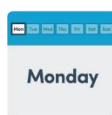


Phone: 020 607 8762



dropin@centre404.org.uk

When:



How:



Face-to-face



Phone



Videocall



Emails
Messages